

## Easter 2

As we ask for the fire of the Spirit to burn in our lives ...

**Stay with us, Lord, on our journey!**

As we rejoice in your promise to be with us always ...

**Stay with us, Lord, on our journey!**

As we make daily efforts to build up your Kingdom ...

**Stay with us, Lord, on our journey!**

As we follow the example of discipleship of Mary, your mother ...

**Stay with us, Lord, on our journey!**



## Ordinary Time 2

As we hear news bad and good from all over the world ...

**Stay with us, Lord, on our journey!**

As we give ourselves generously to work and to school ...

**Stay with us, Lord, on our journey!**

As we face trials and temptations in everyday life ...

**Stay with us, Lord, on our journey!**

As we gladden those round us with the light of your love and mercy ...

**Stay with us, Lord, on our journey!**

## Ordinary Time 3 (Summer)

As we find rest and renewal in holidays and breaks ...

**Stay with us, Lord, on our journey!**

As we spend time with those close to us, with our family and friends ...

**Stay with us, Lord, on our journey!**

As we open our hearts every day to the Scriptures ...

**Stay with us, Lord, on our journey!**

As we worship you in spirit and in truth, both in Church and at home ...

**Stay with us, Lord, on our journey!**

## Ordinary Time 4 (Autumn)

As we rejoice in the Harvest and share gifts with the poor ...

**Stay with us, Lord, on our journey!**

As we long for your Kingdom of justice, peace and love ...

**Stay with us, Lord, on our journey!**

As we turn from prejudice and gossip in our homes and workplaces ...

**Stay with us, Lord, on our journey!**

As we seek to be kind, filled with the joy of the Gospel ...

**Stay with us, Lord, on our journey!**

## Last Weeks of Ordinary Time

As we remember and pray for the Faithful Departed ...

**Stay with us, Lord, on our journey!**

As we encourage young people in faith and in charity ...

**Stay with us, Lord, on our journey!**

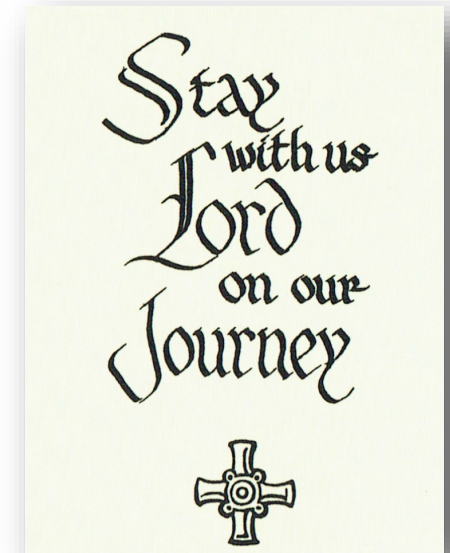
As we look forward fearlessly to your coming in glory ...

**Stay with us, Lord, on our journey!**

As we reach out in love to all who suffer or who know poverty ...

**Stay with us, Lord, on our journey!**

## POST-COMMUNION LITANIES



Bishop John has asked us to make this our prayer on a daily basis. For those who might wish to use the prayer more formally, and regularly, the following seasonal litanies are recommended, for use after Holy Communion at Sunday or Weekday Mass: *"When the distribution of Communion is finished, as circumstances suggest, the priest and faithful spend some time praying privately."* (GIRM 88)

These prayers should not replace the silence requested after Holy Communion when we asked to *"praise and pray to God in our hearts"* (GIRM 45)

## General

As we prepare to bear your Good News to a needy world ...

**Stay with us, Lord, on our journey!**

As we welcome you under the roof of our hearts and into our homes ...

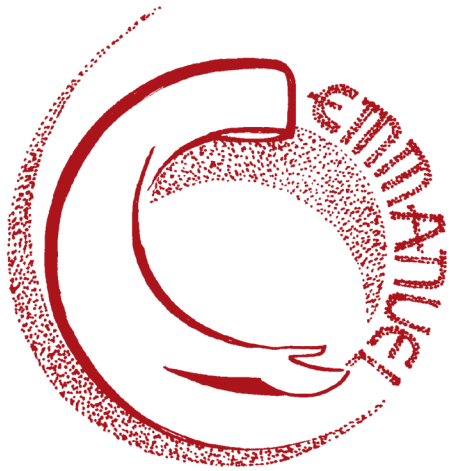
**Stay with us, Lord, on our journey!**

As we face the challenges and difficulties of the coming days ...

**Stay with us, Lord, on our journey!**

As we rejoice in faith, in hope and in love ...

**Stay with us, Lord, on our journey!**



## Advent

As we travel through this world, trying to love the things of heaven ...

**Stay with us, Lord, on our journey!**

As we seek to avoid the temptations of excess and materialism ...

**Stay with us, Lord, on our journey!**

As we prepare a place in our hearts and home for your coming ...

**Stay with us, Lord, on our journey!**

As we work for those who are cold, hungry, fearful or alone ....

**Stay with us, Lord, on our journey!**

## Christmas and Epiphany

As we worship you, vulnerable child in the manger ...

**Stay with us, Lord, on our journey!**

As we seek to deepen our understanding of your birth ...

**Stay with us, Lord, on our journey!**

As we rejoice to announce your birth to the world ...

**Stay with us, Lord, on our journey!**

As we bring the gift of our lives to you each day ...

**Stay with us, Lord, on our journey!**

## Ordinary Time 1 (New Year)

As we set about our work and study, and all our daily occupations ...

**Stay with us, Lord, on our journey!**

As we strive to bring the joy of the Gospel to everyone we meet ...

**Stay with us, Lord, on our journey!**

As we make time each day to pray and listen and reflect ...

**Stay with us, Lord, on our journey!**

As we resolve to make more of the gifts you bestow upon us ...

**Stay with us, Lord, on our journey!**

## Lent 1

As we turn away from selfishness and greed ...

**Stay with us, Lord, on our journey!**

As we give more generously to those in need ...

**Stay with us, Lord, on our journey!**

As we pray more fervently and open ourselves to your holy Word ...

**Stay with us, Lord, on our journey!**

As we face our sins with honesty and repent with humility ...

**Stay with us, Lord, on our journey!**

## Lent 2

As we remember your Passion and that all you sacrificed for us ...

**Stay with us, Lord, on our journey!**

As we take up our daily crosses and walk in your way ...

**Stay with us, Lord, on our journey!**

As we bravely confront suffering in our own lives ...

**Stay with us, Lord, on our journey!**

As we support others in pain or in need ...

**Stay with us, Lord, on our journey!**



## Easter 1

As our hearts fill with joy at your rising from the dead ...

**Stay with us, Lord, on our journey!**

As our hearts swell within us as we hear your word ...

**Stay with us, Lord, on our journey!**

As we welcome your presence in the Breaking of Bread ...

**Stay with us, Lord, on our journey!**

As we radiate the gladness of Easter to a needy world ....

**Stay with us, Lord, on our journey!**