

P: The peace of the Lord be with you always.

All: And also with you.

[P: Let us offer each other the sign of peace.

All may make a sign of peace according to local custom.]

Breaking of the Bread

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: grant us peace.

Invitation to Communion

Taking the host, the priest says aloud:

P: This is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper.

All: Lord, I am not worthy to receive you, but only say the word and I shall be healed.

Communion of Priest and People

Those now in communion with the Catholic Church share in the Eucharist. Anyone who is not a Catholic is still welcome to receive a sign of unity and support—a blessing—by approaching the front with arms crossed over your chest.

Communion Antiphon

Whoever drinks the water that I shall give him, says the Lord, will have a spring inside him, welling up for eternal life.

CONCLUDING RITE

Blessing and Dismissal

P: The Lord be with you.

All: And also with you.

P: May the Lord bless you and keep you.

All: Amen.

P: May his face shine upon you, and be gracious to you.

All: Amen.

P: May he look upon you with kindness, and give you his peace.

All: Amen.

P: May almighty God bless you, the Father, and the Son, + and the Holy Spirit.

All: Amen.

P: Go in the peace of Christ.

All: Thanks be to God.

A final hymn may be sung.

THIRD SUNDAY OF LENT



INTRODUCTORY RITES

Entrance Antiphon (or a Hymn may be sung)

My eyes are ever fixed on the Lord, for he releases my feet from the snare. O look at me and be merciful, for I am wretched and alone.

Introduction and Penitential Rite

After the priest's greeting, the people are invited to approach the Mass 'with humble and contrite hearts': the following form may be used:

All: I confess to almighty God, and to you, my brothers and sisters, that I have sinned through my own fault, in my thoughts and in my words, in what I have done, and in what I have failed to do; and I ask blessed Mary, ever virgin, all the angels and saints, and you, my brothers and sisters, to pray for me to the Lord our God.

P: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

All: Amen.

P: Lord, have mercy.

All: Lord, have mercy.

P: Christ, have mercy.

All: Christ, have mercy.

P: Lord, have mercy.

All: Lord, have mercy.

Opening Prayer

The priest says the prayer; the people reply:

All: Amen.

LITURGY OF THE WORD

First Reading: Exodus 17:3-7

Give us water to drink.

Responsorial Psalm

**R: O that today you would listen to his voice!
Harden not your hearts.**

Come, ring out our joy to the Lord;

hail the rock who saves us.

Let us come before him, giving thanks,
with songs let us hail the Lord.

Come in; let us bow and bend low;
let us kneel before the God who made us
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand.

O that today you would listen to his voice!

'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my work.'

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Second Reading: Romans 5:1-2,5-8

The love of God has been poured into our hearts by the Holy Spirit which has been given us.

Gospel Acclamation

Lord, you are really the saviour of the world; give me the living water, so that I may never get thirsty.

Gospel

P: The Lord be with you.

A: And also with you.

P: A reading from the holy gospel according to John

A: Glory to you, Lord.

John 4:5-42 (or 4:5-15,19-26,39-42)

A spring of water welling up to eternal life.

P: This is the gospel of the Lord.

A: Praise to you, Lord Jesus Christ.

Profession of Faith (Nicene Creed)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven:

All bow during these two lines:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshipped and glorified. He has spoken through the Prophets.

We believe in one, holy, catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayer of the Faithful

Each intercession is followed by a response such as:

R: Lord, in your mercy.

All: Hear our prayer.

or

R: Lord, hear us.

All: Lord, graciously hear us.

There is a pause for silent prayer: the conclusion is said by the priest, to which all reply: Amen.

LITURGY OF THE EUCHARIST

Preparation of the Gifts

A hymn may be sung as the gifts are collected and presented at the altar.

When all is ready, the priest says:

P: Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

All: May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his Church.

Eucharistic Prayer

P: The Lord be with you.

All: And also with you.

P: Lift up your hearts.

All: We lift them up to the Lord.

P: Let us give thanks to the Lord our God.

All: It is right to give him thanks and praise.

The priest says the Preface: all join in the acclamation:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

(This text should be sung at Sunday Mass: musical settings may use slightly different words—please consult your hymnal.)

The priest says the Eucharistic prayer of thanksgiving, recalling the command of Jesus Christ, 'Do this in memory of me'.

The priest introduces and all then acclaim:

P: Let us proclaim the mystery of faith:

All: Christ has died, Christ is risen, Christ will come again.

(There are four possible texts for this acclamation, one of which ideally should be sung at Sunday Mass: please consult your hymnal.)

At the Doxology at the end of the Eucharistic Prayer, all join in the Great Amen.

COMMUNION RITE

The Lord's Prayer

P: Let us pray with confidence to the Father in the words our Saviour gave us:

All: Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

The priest prays, then all conclude:

All: For the kingdom, the power, and the glory are yours, now and for ever.

P: Lord Jesus Christ, you said to your apostles: I leave you peace, my peace I give you. Look not on our sins, but on the faith of your Church, and grant us the peace and unity of your kingdom where you live for ever and ever.

All: Amen.